



# Health Link Quarterly

YOUR LINK TO QUALITY HEALTHCARE CLOSE TO HOME

## Coming Soon to MRHS: Urology Outreach

Madison Regional Health System is excited to welcome Dr. Matthew Larson of Urology Specialists in Sioux Falls as our Urology Outreach Provider! Dr. Larson additionally sees patients in Madison, MN, and Slayton, MN.

Beginning in October, Dr. Larson will be providing outreach at MRHS on the second Thursday of each month. He will offer services such as cystoscopies and vasectomies.



Dr. Matthew Larson

## BREATHE-SD Program Commences

The first BREATHE-SD respiratory care program students started their professional year at Madison Regional Health System, Brookings Health System, and Huron Regional Medical Center. In partnership with South Dakota State University, the program aims to bring respiratory therapy education and public health opportunities to rural health facilities and the communities they serve.

“Being able to offer SDSU’s Respiratory Care program at Madison Regional Health System not only increases access to education for students, but it also diversifies their learning experience. Students participating in the program at Madison can complete all of their didactics at the hospital,” said Marissa Trosen, Respiratory Care Interim Program Director. “Laboratory and clinical experiences are split between the Madison and Brookings hospitals, with occasional travel to Sioux Falls for critical care and specialty clinical rotations. The BREATHE-SD grant has allowed us to purchase the necessary equipment for the hands-on training, and it exposes students to the importance of rural healthcare, which is vital to our state.”

Respiratory Care Instructor Jessica Winterboer shares, “It has been exciting to be part of bringing the SDSU Respiratory Care program to our rural communities. Instead of the students having to go to a large metro area to complete the program, we have brought the program to them. The students enjoy that hometown feel and get first-hand what it’s like working in a community such as Madison.”

“I’m so happy to have students here in Madison,” said Mary Hart, RRT and Respiratory Therapy Supervisor at Madison Regional Health System. “We look forward to having more Respiratory Therapists taking care of patients here and all across South Dakota.”



Jessica Winterboer instructs students on intubation during their lab at Madison Regional Health System.

## Upcoming Flu Shots

By appointment only!

Call (605) 256-6551 to schedule.

- Thursday, October 10th
- Monday, October 14th
- Thursday, October 24th

*The first step in preventing the flu is getting a flu vaccine every year. Please make informed health decisions for you and your loved ones!*

## Stay Safe, Hunt Smart

- Take a Hunter Safety Course to learn about hunting laws.
- Know the area and be aware of other hunters.
- To ensure other hunters see you, always wear distinctive Hunter Orange clothing.
- When not in use, keep firearms unloaded.
- Always point the muzzle in a safe direction.
- Let someone know where you will be hunting and when you expect to return.
- Follow local hunting laws and regulations.
- Have a plan in place in case of an emergency.



## Heart & Vascular Screening, Close to Home

### Get screened for those you love.

MRHS offers Heart & Vascular Screenings to determine your risk for heart disease or other life-threatening conditions. Screening is recommended for women 45 years or older and men 40 years or older, or anyone with a family history of heart disease or stroke.

- Takes about an hour to complete.
- A referral is not necessary.
- One screening is \$75, receive both for \$125.

### Are you at risk? Risk factors include:

- History of Smoking
- High Blood Pressure
- High Stress Levels
- Obesity
- Inactive Lifestyle
- Diabetes
- High Cholesterol

### MRHS Heart Screening Includes:

- Calcium Score CT
- Blood Pressure BMI
- Cholesterol & Blood Sugar Check
- Education & Risk Assessment
- Assessment of Current Diet

### MRHS Vascular Screening Includes:

- Carotid Arterial Screening
- Abdominal Aortic Aneurysm Screening
- Peripheral Arterial Disease Screening

Schedule your screenings now.

Please call (605) 256-6551.

# Madison

REGIONAL HEALTH SYSTEM

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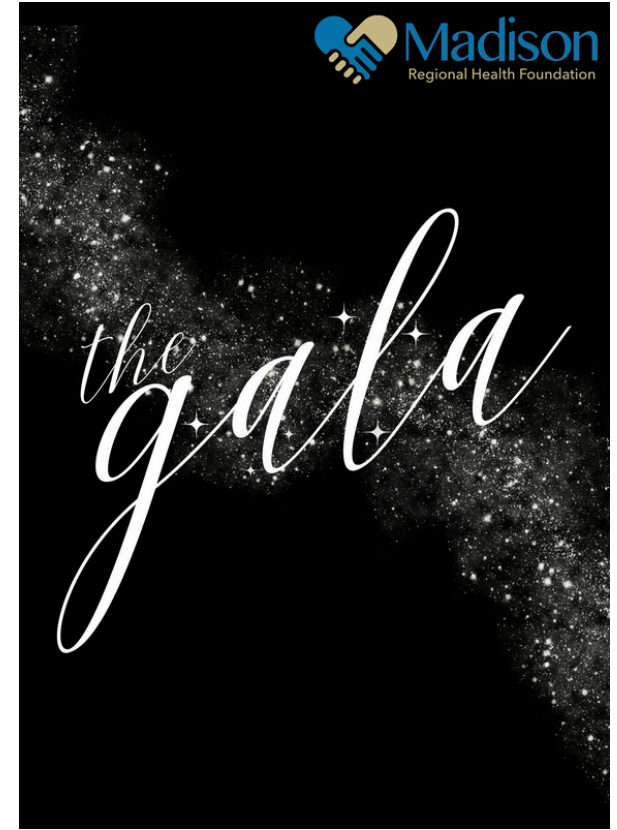
[www.MadisonRegionalHealth.org](http://www.MadisonRegionalHealth.org)



# Madison Regional Health Foundation

Madison Regional Health Foundation is proud to announce their annual fundraiser, The Gala, will be held on December 6, 2024 at the Dakota Prairie Playhouse in Madison, South Dakota.

The Gala is the main event for Madison Regional Health Foundation and plays a critical role in celebrating our donors and everything they do for Madison Regional Health System. The Gala was started to help grow the Foundation's support for the Madison Regional Health System.



This event features live and silent auctions, raffles, a three-course meal paired with wine, and recognition of our Champion of Healthcare Award. For more information about the event or if you would like to make an in-kind/donation to the event, please contact Stephen Klekas at (605) 256-8817 or [stephen.klekas@madisonhospital.com](mailto:stephen.klekas@madisonhospital.com).

## October is Breast Cancer Awareness Month

Getting a mammogram is important and could save your life! MRHS is here for you every step of the way. Schedule your 3D mammogram today.

(605) 256-6551



## Employment Opportunities, Close to Home



At Madison Regional Health System, there is:

- Opportunity for advancement
- Support of a positive work-life balance
- Competitive salary and benefits packages

View openings & apply online at [www.MadisonRegionalHealth.org](http://www.MadisonRegionalHealth.org) or scan the QR code with your smartphone!

### MYCARECORNER™



Madison Regional Health System's patient portal, MyCareCorner, is a secure portal to your health information!



Features of your patient portal include:

- ✓ Access & print medical records
- ✓ View test results
- ✓ Secure messaging with your provider
- ✓ View upcoming appointments
- ✓ Request medication refills
- ✓ Add family members

This institution is an equal opportunity provider and employer.